

- You or someone you know is a danger to themselves or others
- Someone is a danger to you or others
- Other life related emergency concerns

24 Hour Crisis Hotlines:

214-828-1000 [Suicide and Crisis Center of North Texas](#)

866-260-8000 ADAPT Community Solutions (Mobile Crisis Unit)

800-442-4673 National Hopeline Network

800-273-8255 [National Suicide Prevention Line](#)

Text 741741 24-Hour [Crisis Text Line](#) Text "CONNECT"

855-427-2736 National Parent Helpline

800-4-A-CHILD National Child Abuse Hotline

Dial 911

To report child abuse or neglect, contact law enforcement or [Child Protective Services](#).